

NEWCASTLE CROSS COUNTRY - CAVES BEACH - 10th JULY, 2004.

* indicates WALKER

2.2 Km Run - 50 starters.

| | | | | | |
|-----------------|----------------|-------|-----------------------------|----------------|-------|
| B Grade. | | | H Grade. (continued) | | |
| 1 Roger | CROWHURST-Vets | 7.52 | 4 Paul | BUCKLEY-Vets | 11.27 |
| 2 Andrew | ARMITAGE-Vets | 8.20 | 5 Nicholas | RYAN-Edg | 11.49 |
| 3 Matt | BRADY-KS | 9.02 | 6 Bronwyn | HADDEN-Ch | 11.56 |
| C Grade. | | | 7 Michell | BREALEY-Wall | 12.06 |
| 1 Clare | LASSAM-Vets | 8.52 | 8 Joel | PETTIGREW-Wall | 12.27 |
| 2 Kristy | PRICE-Wall | 9.00 | 9 Caitlin | DEMPSEY-WL | 12.29 |
| D Grade. | | | 10 Mikaylah | LIVERMORE-Wall | 12.39 |
| 1 Owen | WELSH-Mait | 9.05 | I Grade. | | |
| 2 Tia | BRADY-KS | 9.19 | 1 Lucy | TEALE- | 11.45 |
| E Grade. | | | 2 Abbey | TWEED- | 12.44 |
| 1 Ryan | PETTIGREW-Wall | 9.24 | 3 Ted | MORDUE-Win | 12.51 |
| 2 Josiah | TWEED- | 9.27 | 4 Julie | PRICE-Wall | 13.00 |
| 3 Jake | BANDI-Vets | 9.42 | 5 Judy | COUSINS-Wall | 14.10 |
| 4 Rebecca | ATCHESON-Win | 9.54 | 6 Loren | COUSINS-Wall | 15.31 |
| 5 Josh | BREALEY-Wall | 10.22 | J Grade. | | |
| 6 Andrew | ATCHESON-Win | 10.24 | 1 Dylan | JONES-EL | 12.10 |
| F Grade. | | | 2 Robert | McDONALD-Wood | 12.50 |
| 1 Melinda | PRICE-Wall | 9.28 | 3 Lyn | PARKS-Wall | 13.20 |
| 2 Tim | TEALE- | 10.03 | 4 Lily | BANDI-Vets | 13.27 |
| 3 Samantha | FROST-KS | 10.42 | 5 Patricia | MATTHEWS-Till | 13.38 |
| G Grade. | | | 6 Sarah | FOX-SMITH-KS | 14.04 |
| 1 John | PINCHEN-EL | 10.12 | 7 Megan | CROWHURST-Mait | 14.12 |
| 2 Ashlee | FOX-SMITH-KS | 10.19 | 8 Ryan | DEMPSEY-WL | 14.30 |
| 3 Jessica | MAURER-Wall | 11.15 | 9 Margaret | FOWLER-Mait | 16.00 |
| 4 Kate | PINCHEN-EL | 12.01 | 10 Gail | WALSH- | 18.46 |
| H Grade. | | | *11 Stephanie | GUY-WL | 20.16 |
| 1 Aaron | JONES-EL | 11.09 | *12 Debra | FOX-KS | 22.38 |
| 2 Emily | ROUNSLEY-WW | 11.17 | 13 Marie | PARTRIDGE-Wall | 23.04 |
| 3 Cameron | BLANKS- | 11.25 | *14 Janette | DEMPSEY-WL | 32.10 |

5.4 Km Run - 43 starters.

| | | | | | |
|-----------------|----------------|-------|---|---------------|-------|
| A Grade. | | | F Grade. | | |
| 1 David | BRADNEY- | 22.00 | 1 James | WELSH-Mait | 26.23 |
| B Grade. | | | 2 Daniel | matthews-tILL | 26.34 |
| 1 Tommy | SLOMKA-Vets | 21.10 | 3 Tony | BYTHEWAY-WL | 28.13 |
| 2 Neil | FOWLER-Mait | 22.10 | G Grade. | | |
| C Grade. | | | 1 Steve | PRYOR-Vets | 26.09 |
| 1 John | PRICE-Wall | 22.40 | 2 Alison | MOORE-Vets | 29.16 |
| 2 Con | KIRIAKIDIS-EL | 23.35 | 3 Katie | JONES-WL | 29.54 |
| 3 Kristy-Lee | FROST-KS | 24.48 | H Grade. | | |
| D Grade. | | | 1 Michael | CHERRY-Vets | 29.51 |
| 1 John | WALSH- | 22.41 | 2 Bill | HOLLAND-CCC | 32.40 |
| 2 Ian | PETTIGREW-Wall | 23.03 | 3 Yvonne | PULLER-WL | 33.32 |
| 3 Luke | FARRUGIA-MS | 23.11 | I Grade. | | |
| 4 David | MARSH-RT | 24.24 | 1 Ashlee | GUNTHER-Vets | 30.42 |
| 5 Celia | TEALE- | 24.49 | 2 Lyndon | WILKINSON-CCC | 32.06 |
| 6 James | BOYCE- | 25.13 | 3 Jim | BEISTY-Vets | 32.41 |
| 7 Ryan | BLAKE-Wall | 25.30 | 4 Kim | BRADLEY-WL | 40.49 |
| 8 Kim | MELVILLE-RT | 26.05 | J Grade. | | |
| E Grade. | | | 1 Patty | WELSH-Mait | 34.21 |
| 1 Megan | TOTTERMAN-Vets | 24.10 | 2 Sharon | MELVILLE- | 38.28 |
| 2 Kim | FLETCHER-Mait | 24.20 | *3 Michelle | FERGUSON-WL | 42.49 |
| 3 Dom | ISBERG-WL | 25.45 | *4 Lynette | LOGAN- | 48.05 |
| 4 Ron | DAY-Wall | 26.01 | *5 Arthur | JUTAN- | 57.45 |
| 5 Karen | PEARCE-Wall | 26.20 | *6 Cheryl | JUTAN- | 59.05 |
| 6 Emma | MUIRHEAD-Ch | 26.27 | 5.4 Km Run - New Runners - Actual times shown. | | |
| 7 Ian | DEMPSEY-WL | 26.36 | 1 Catherine | SWARZES-KS | 27.51 |
| 8 Amanda | BLANKS- | 26.48 | 2 Pat | BEISLER-WW | 28.11 |

10 Km Run - 69 starters.

A Grade.

| | | |
|----------|-----------------|-------|
| 1 Darren | MEWETT-Vets | 37.05 |
| 2 Colin | GOODENOUGH-Vets | 37.52 |
| 3 Tony | SHEPHERD-Vets | 39.45 |
| 4 Sam | MAURER-Wall | 41.54 |

B Grade.

| | | |
|-----------|---------------|-------|
| 1 Peter | CLARK-WW | 39.49 |
| 2 Tony | BYRNE-CCC | 40.33 |
| 3 Chris | CARROLL-HTF | 40.38 |
| 4 Nick | FLETCHER-Vets | 40.52 |
| 5 Chris | POWER-WW | 42.07 |
| 6 Andrew | DODD-Vets | 42.45 |
| 7 Heather | SINCLAIR-Vets | 44.53 |

C Grade.

| | | |
|-----------|----------------|-------|
| 1 Sam | BAILEY-CCC | 41.37 |
| 2 Grahame | VERNON-CCC | 42.11 |
| 3 Thomas | McDONALD-Wall | 42.12 |
| 4 Solomon | COPELAND-HTF | 42.19 |
| 5 Kevin | FRAZER-CCC | 43.01 |
| 6 Lance | ROBERTSON-Vets | 43.06 |
| 7 Simon | ASHTON-WL | 43.12 |
| 8 Lisa | LINCZ-Vets | 43.29 |
| 9 Robert | HOARE-Vets | 44.02 |
| 10 Mark | VIRTUE- | 46.42 |
| 11 Shawn | FRAZER-CCC | 47.45 |
| 12 Pamela | CHIA-Vets | 50.27 |
| 13 Peter | HOLZ-WL | DNF |

D Grade.

| | | |
|----------|----------------|-------|
| 1 Ginana | HENARE- | 44.07 |
| 2 Philip | TWEED- | 44.30 |
| 3 Tony | TSELEMBIS-Vets | 44.58 |
| 4 Alan | BRADLEY-WL | 45.13 |
| 5 Peter | ROSSETTI-Vets | 47.05 |

E Grade.

| | | |
|-----------|------------------|-------|
| 1 John | POWER- | 46.46 |
| 2 Charlie | GLAPIAK-WL | 47.21 |
| 3 Rod | HOLZ-Mait | 48.34 |
| 4 Manfred | VON APPEN-KS | 49.03 |
| 5 Steve | GUY-WL | 49.24 |
| 6 Janice | DAVIS-Vets | 52.18 |
| 7 Colin | HINSHELWOOD-Vets | 52.56 |
| 8 Paul | COOMER-Vets | 53.12 |

F Grade.

| | | |
|------------|--------------|-------|
| 1 Bruce | HALL-Vets | 48.50 |
| 2 Anthony | HAYES-WL | 48.53 |
| 3 Margaret | SWARZES-KS | 49.22 |
| 4 Keith | BALL-Vets | 50.04 |
| 5 John | BROWN- | 50.24 |
| 6 Chris | HOLZ-Mait | 51.41 |
| 7 Sandra | COLE-Vets | 53.04 |
| 8 Warren | BROADBENT-WL | 53.13 |
| 9 Michelle | MITCHELL-WW | 54.46 |
| 10 David | PULLER-WL | 55.14 |

G Grade.

| | | |
|-----------|----------------|-------|
| 1 Megan | KING-Wood | 51.15 |
| 2 Sam | FRANCIS- | 51.57 |
| 3 Stephen | BAIRD-WW | 55.17 |
| 4 David | LILLEY-WL | 55.45 |
| 5 Dee | DUNCAN-WL | 56.08 |
| 6 Sandy | GARDINER-Vets | 56.11 |
| 7 Pat | HUGHES-WL | 56.12 |
| 8 Gordon | FOX-CCC | 56.44 |
| 9 Aida | JONES-EL | 57.17 |
| 10 Lisa | MATTSSON-Vets | 57.45 |
| 11 Nita | ROBERTSON-Vets | 58.00 |

H Grade.

| | | |
|-----------|-------------|-------|
| 1 Jennie | NICHOLLS- | 56.21 |
| 2 Judith | JOYCE-Vets | 56.32 |
| 3 Kim | MARTIN- | 57.36 |
| 4 Stewart | BURNS- | 58.49 |
| 5 John | MORGAN-WL | 59.23 |
| 6 Neil | CHAPPELL-WW | 61.23 |
| 7 Trish | GUY-WL | 63.01 |

J Grade.

| | | |
|----------|--------------|-------|
| 1 Joanne | ANDERSON-CCC | 67.02 |
| 2 Susan | SAMS-CCC | 72.23 |

10Km Run - New Runners - Actual times shown.

| | | |
|-----------|--------------|-------|
| 1 Megan | CAHILL- | 48.33 |
| *2 Treena | KOLOKOLOW-WW | 72.27 |

INTER CLUB POINTS SCORE FOR DUNCOMBE TROPHY.

Caves Beach.

| | |
|----------------------------|-------|
| 1 Newcastle Veterans | 80pts |
| 2 Wallsend RSL | 72pts |
| 3 Coalfields Cross Country | 71pts |
| 4 Maitland | 67pts |
| 5 West Lakes | 64pts |
| 6 Kotara South | 62pts |
| 7 East Lakes | 55pts |
| 8 Watagan Warriors | 40pts |
| 9 Windale | 20pts |
| 10 Woodberry | 19pts |
| 11 Tilligerry | 17pts |
| 12 Hunter Track & Field | 15pts |
| 13 Charlestown | 13pts |
| 14 Raymond Terrace | 10pts |
| 15 Macquarie Shores | 8pts |
| 16 Edgeworth | 6pts |

Progressive Season's Points Score.

| | |
|----------------------------|----------|
| 1 Newcastle Veterans | 122.5pts |
| 2 West Lakes | 111.5pts |
| 3 Wallsend RSL | 103.0pts |
| 4 Maitland | 80.5pts |
| 5 Coalfields Cross Country | 77.0pts |
| 6 Watagan Warriors | 60.5pts |
| 7 Kotara South | 51.0pts |
| 8 Macquarie Shores | 31.5pts |
| 9 Port Stephens | 20.0pts |
| 10 Edgeworth | 15.0pts |
| 11 Hunter Track & Field | 13.0pts |
| 12 East Lakes | 12.0pts |
| 13 Wirreanda | 6.0pts |
| 14 Windale | 4.0pts |
| 15 Tilligerry | 3.0pts |
| 16 Cardiff | 2.0pts |
| 17 Raymond Terrace | 1.5pts |
| 18 Woodberry | 1.0pt |