

It is the role of the First Aid Officer to provide assistance in case of an accident, incident or emergency.

Start Time – 1pm or earlier if required for some races

Qualifications

The person acting as the first aid officer must have the minimum training of a first aid officer

Duties

It is the responsibility of the First Aid Officer to administer first aid to their level of training, or call on specialist services to administer first aid.

The first aid officer may take on other roles, but will not leave the area unattended until the completion of the event.

Equipment

A first aid box and sign is available for every event and these must be placed in the administration area and made visible to all runners.

Course marshals will also be issued with small first aid kits

If stock is used, advise a committee member in order that the kits are restocked.

Drink Station

The first aid officer will be responsible for setting up the drink station in the administration area, and making sure the area is left clean at the conclusion of the event.

The drink station will be set up after the commencement of the run.

Drink containers and drink cups are stored in the trailer.

Garbage bags are stored in the trailer.

Incidents

A record of all incidents must be recorded in the Incident Book.