

NEWCASTLE CROSS COUNTRY INC.

King of the Mountain

- Entries:** Closing time for entries is Friday 6pm the day prior to the event.
No entries will be accepted after this time.
- Start Time:** 12 Noon
- Eligibility:** Must be 18 years of age on the day of the event.
- Cut off time:** Runners must be able to complete the event by 4pm.
- Prizes:** Medals will be awarded to the first, second and third placed male and female
Stuart Matley Handicap Trophy will be awarded to the eligible NXC Member
- Bibs:** Runners will be provided with a BIB numbering system. The BIB is to be always displayed during the event.
- Notice:** Participants to note that this event is a physically demanding trail run that requires a certain level of fitness. It is the responsibility of the runner to ensure that they are in good physical health and confident that they can complete the run within the 4-hour cut off time.