

NEWCASTLE CROSS COUNTRY - SHORTLAND WETLANDS - 19th JUNE, 2004.

* indicates WALKER

3Km Run (Approx.) - 89 starters.

A Grade.

1 Ben McTACKETT- 11.50

B Grade.

1 Douglas FRASER-Mait 11.41

2 Matt BRADY-KS 11.52

3 Shawn VIRTUE- 19.04

C Grade.

1 David WALSH- 12.37

2 Katie PHILLIPS-PS 13.08

3 Owen WELSH-Mait 13.21

4 Ryan PETTIGREW-Wall 13.42

D Grade.

1 Kristy FROST-KS 12.40

2 Kristy PRICE-Wall 12.49

3 David ABERCROMBIE- 12.50

4 Sam BANKS-Wall 12.54

5 Chris AITKEN-WL 13.04

6 Kira McALIECE-Vets 13.05

7 Tia BRADY-KS 13.10

8 Josiah TWEED- 13.18

9 Alastair FRASER-Mait 13.25

10 Jake BANDI-Vets 13.39

11 Annabel FRASER-Mait 13.40

12 Clare LASSAM-Vets 13.41

E Grade.

1 Emma MUIRHEAD-Ch 13.14

2 Samantha FROST-KS 14.10

3 Amanda PERRY-PS 14.12

4 John PINCHEN-EL 14.53

5 Arden RILEY-Vets 14.58

6 Ryan DEMPSEY-WL 17.37

F Grade.

1 Philip JENKINS- 14.22

2 Ashlee FOX-SMITH-KS 14.56

3 Josh BREALEY-Wall 15.09

4 Kara LORENTZEN-Edg 15.24

5 Kristy GRANT-CCC 15.32

6 Dana BUXTON-MS 16.17

7 Tegan JENKINS-Card 17.22

G Grade.

1 Sebastian JENKINS-Card 14.55

2 Jessica LYONS-CCC 15.16

3 Sandy GARDINER-Vets 15.43

4 Tegan SHAW-Wall 16.01

5 Cole CORNFORD-CCC 16.09

6 Nicholas RYAN-Edg 16.10

7 Ian FLETCHER-Vets 16.11

8 Jeff BUXTON-MS 16.19

9 Jessica MAURER-Wall 16.33

10 Sarah REA-Mait 16.53

11 Paul BUCKLEY-Vets 17.13

G Grade (continued)

12 Kate PINCHEN-EL 17.17

13 Jessica PHILLIPS-PS 18.23

14 Tristan RILEY-Vets 18.54

15 Jack STONEMAN- 18.55

H Grade.

1 Jaryd CORNFORD-CCC 14.49

2 Stephanie PERRY-PS 16.49

3 Emily LORENTZEN-Edg 16.56

4 Abbey TWEED- 17.02

5 Hayley PHILLIPS-PS 17.42

6 Ryan FLETCHER-Vets 17.53

7 Elliot GARNIER- 23.55

8 Joel PETTIGREW-Wall 27.23

I Grade.

1 Charlie HARDY-Vets 14.39

2 Aaron JONES-EL 16.31

3 Grace HUMPHREYS- 17.32

4 Julie PRICE-Wall 18.30

5 Siearn PERRY-PS 18.32

6 Jess GRANT-CCC 18.52

7 Michelle BREALEY-Wall 19.42

8 Amanda AALTO-Vets 19.48

J Grade.

1 Natasha AALTO-Vets 19.01

2 Sarah FOX-SMITH-KS 19.28

3 Patricia MATTHEWS-Till 20.20

4 Karen BANKS-Wall 20.26

5 Graeme WARNER- 20.27

*6 Beau HARDY-Vets 20.38

7 Samantha AALTO-Vets 21.34

*8 Paul BRADY-KS 22.09

9 Nadine STREET-HTF 22.13

10 Matthew WEULE-WL 22.14

11 Matthew HAYES-WL 22.18

12 Lily BANDI-Vets 23.41

13 Lincoln CORNFORD-CCC 24.41

*14 Sharon STUDLEY-Edg 24.46

15 Dyan JONES-EL 25.52

16 Jessica REA-Mait 27.17

17 Sarah JEFFREY- 27.18

18 Argenita SHINDLAIR-WW 27.47

*19 Ian DEMPSEY-WL 28.32

*20 Debra FOX-KS 32.18

21 Grace JEFFREY- 33.51

22 Milca WEULE-WL 36.17

3Km Run - New runners - Actual times shown.

1 Jake RUDGE- 12.58

2 Madison LAWRENCE- 24.16

3 Donna LAWRENCE- 24.17

5 Km Run (Approx) - 64 starters.

B Grade.

1	Roger	CROWHURST-Vets	20.36
2	Tommy	SLOMKA-Vets	21.11
3	Warren	SPOONER-Vets	21.39
4	Tony	ANDERSON-CCC	22.16
5	John	WALSH-	22.31
6	Blake	RYAN-Wall	22.53
7	Bruce	LEAVER-	22.58
8	Tim	WEULE-WL	29.38

C Grade.

1	Ian	PETTIGREW-Wall	22.19
2	John	PRICE-Wall	22.23
3	Craig	DENNISON-	22.50
4	Natalie	LYONS-CCC	22.56
5	Elliot	WATERS-ANL	23.20
6	Luke	FARRUGIA-MS	24.22
7	Sara	McALIECE-PS	29.58
8	Daniel	MATTHEWS-Till	30.32

D Grade.

1	Kim	FLETCHER-Mait	23.42
2	Jacinta	AITKEN-WL	24.42
3	Robert	BANKS-Wall	24.43
4	Kellie	BAYLY-	25.25
5	Kate	MORLEY-WL	26.08
6	Melinda	PRICE-Wall	29.52

E Grade.

1	Ron	DAY-Wall	24.34
2	Judy	FLETCHER-Vets	25.22
3	Josh	ROBERTS-	25.31
4	Mark	JEFFREY-	26.03
5	Mark	WALLACE-	27.34
6	Colin	HINSHELWOOD-	28.00
7	Danielle	STREET-HTF	28.02
8	Karen	PEARCE-Wall	30.27

F Grade.

1	Steve	PRYOR-Vets	26.05
2	James	WELSH-Mait	26.33
3	Jennie	NICHOLLS-	28.58

G Grade.

1	Bob	SCAMMELL-CCC	26.37
2	Rob	AITKEN-WL	27.17
3	Hayden	STEELE-Wall	27.56
4	Kim	JENKINS-	29.09
5	Kieda	WATSON-	29.11
6	Nita	ROBERTSON-Vets	30.28
7	Lisa	MATTSSON-Vets	31.06
8	Amy	WALLACE-	33.23

H Grade.

1	Belinda	FARLEY-	29.32
2	Neil	CHAPPELL-WW	30.16
3	Wendy	SCOTT-WL	30.17
4	Bill	HOLLAND-CCC	31.21
5	Ashlee	GUNTHER-Vets	31.29

I Grade.

1	Mary-Anne	BARLAS-Vets	31.44
2	Vicki	WALLACE-	34.06

J Grade.

*1	Patty	WELSH-Mait	34.24
*2	Susan	JEFFREY-	34.56
*3	Kelley	MARTIN-	34.57
*4	Heather	RYAN-Edg	35.45
5	Jarrahd	WEULE-WL	36.16
*6	Lyn	BLACKEBY-Edg	36.53
*7	Janette	DEMPSEY-WL	40.36
*8	Sylvia	MURPHY-WL	40.37
*9	Michelle	FERGUSON-WL	44.14
10	Gail	WALSH-	44.27
*11	Anthony	FARNHAM-CCC	45.01
12	Philip	WALSH-	47.57
*13	Debra	DAY-Wall	49.43
*14	Elizabeth	BUNN-WL	50.49

5 Km Run - new runners - Actual times shown.

*1	Arthur	JUTAN-	58.25
*2	Cheryll	JUTAN-	58.26

INTER CLUB POINTS SCORE FOR DUNCOMBE TROPHY.

Shortland Wetlands.

1	Newcastle Veterans	78pts
2	Wallsend RSL	69pts
	West Lakes	69pts
	Coalfields Cross Country	69pts
5	Maitland	66pts
6	Kotara South	61pts
7	Port Stephens	43pts
8	Edgeworth	33pts
9	Hunter Track & Field	26pts
10	Watagan Warriors	21pts
11	Cardiff	14pts
12	Macquarie Shores	13pts
13	East Lakes	12pts
14	Tilligerry	11pts
15	Charlestown	10pts
16	Adamstown New Lambton	8pts

Season's progress.

1	Newcastle Veterans	102.5pts
2	West Lakes	98.5pts
3	Wallsend RSL	86.0pts
4	Maitland	64.5pts
5	Coalfields Cross Country	63.0pts
6	Watagan Warriors	54.5pts
7	Kotara South	41.0pts
8	Macquarie Shores	31.5pts
9	Port Stephens	20.0pts
10	Edgeworth	15.0pts
11	Hunter Track & Field	12.0pts
12	Wirreanda	6.0pts
13	East Lakes	4.0pts
14	Cardiff	2.0pts
	Windale	2.0pts
16	Raymond Terrace	1.5pts
17	Tilligerry	1.0pt

10Km Run (Approx) - 65 starters.

A Grade.

1	Michael	BARWICK-HTF	35.35
2	Tony	SHEPHERD-Vets	36.33
3	Colin	GOODENOUGH-Vets	37.02

B Grade.

1	Nick	FLETCHER-Vets	37.27
2	Amy	WALKER-HTF	39.09
3	Simon	ASHTON-WL	40.42
4	Brian	ANDERSON-	43.00

C Grade.

1	Matthew	KIRKMAN-WL	39.10
2	Gerry	GRIMES-WL	39.24
3	Andrew	DODD-Vets	40.20
4	Robert	HOARE-Vets	40.31
5	Thomas	McDONALD-Wall	41.17
6	Lance	ROBERTSON-Vets	41.32
7	David	REA-Mait	42.42
8	Patrick	RILEY-Vets	42.46
9	David	BULL-	42.46
10	Tony	TSELEMBIS-Vets	42.51

D Grade.

1	Michael	WALLS-Vets	41.05
2	Lisa	LINCZ-Vets	41.06
3	Ginana	HENARE-	41.56
4	Sharon	REA-Mait	42.06
5	Mark	VIRTUE-Wall	43.00
6	Peter	ROSSETTI-Vets	43.34
7	Paul	HUMPHREYS-CCC	43.46
8	Ian	LEESON-Vets	44.25
9	Michael	WATERS-ANL	44.52

E Grade.

1	Peter	HOLZ-WL	43.46
2	Patrick	GRANT-CCC	44.09
3	John	POWER-	44.22
4	Rod	O'CONNOR-CCC	44.35
5	Dom	ISBERG-WL	45.27
6	Charlie	GLAPIAK-WL	45.31
7	Rodney	HOLZ-Mait	45.39

E Grade (continued)

8	Angela	JOHNSON-WL	46.29
9	John	SHINDLAIR-WW	47.12
10	Manfred	VON APPEN-KS	47.15
11	John	WORMINGTON-Wall	47.24
12	Keith	BALL-Vets	48.18
13	Tony	TOSCANO-WL	DNF

F Grade.

1	Phil	TWEED-	43.02
2	Paul	COOMER-Vets	45.41
3	Paul	DUNCOMBE-Vets	46.03
4	Margaret	SWARZES-KS	46.43
5	Bruce	HALL-Vets	46.58
6	Anthony	HAYES-WL	48.16
7	John	BROWN-	48.40
8	Sandra	COLE-Vets	49.02
9	Warren	HARDY-Vets	50.27

G Grade.

1	Philip	CORNFORD-CCC	46.32
2	Paul	STONEMAN-	46.49
3	Chris	HOLZ-Mait	49.11
4	Gordon	FOX-CCC	49.53
5	Dee	DUNCAN-WL	51.06
6	Stewart	BURNS-	53.54
7	Gail	SHEIL-Vets	54.03
8	Aida	JONES-EL	54.16
9	Tony	BYTHEWAY-WL	54.53

H Grade.

1	Steve	QUINN-WW	52.12
2	Thomas	BUNN-WL	54.01
3	Pat	HUGHES-WL	54.54
4	Kim	MARTIN-CCC	55.06
5	Jim	BEISTY-Vets	59.20
6	Michael	CHERRY-Vets	DNF

10 Km Run - new runners - Actual times shown.

1	Chris	CARROLL-HTF	39.45
2	Sam	FRANCIS-	54.12