

# NEWCASTLE CROSS COUNTRY INC

## Peter Rose Classic

**Entries:** Closing time for entries is 1:30 pm **NO LATE ENTRIES**

**Starting Time:** 2:00 pm

**Venue:** As per the current season program

**Events:** The Peter Rose Classic is a team based afternoon. There will be 5 runners per team with a representative from each of the grade groupings listed below. Team selections must be based on each runner's grade as posted recently. All runners must compete in the **three** events as follows.

1. Normal cross country (5.5km, 4km and 2km). Scratch start. Points will be awarded according to the placing of each team member in the event they enter. There must be at least one runner in each of the 3 different length races. The other 2 runners can enter any distance they prefer. The team with the lowest total will be awarded 100pts, 2<sup>nd</sup> 95pts, 3<sup>rd</sup> 90pts etc.
2. Scatter – The scatter will consist of 5 different length races. One member from each team will compete in a different race. Place cards will be handed out for each race. The team with the lowest total will be awarded 100pts, 2<sup>nd</sup> 95pts, 3<sup>rd</sup> 90pts etc
3. Relay  
1 x 1km, 1 x 2km, 1 x 3km, 1 x 4km and 1 x 5km legs.  
One leg to be completed by each team member. All members of the team start at the same time, after completing each lap one member of the team drops out till there is only one member left who completes the last lap. (Note: The runner who is dropping out must be the first person across the finish line; all other runners must be behind them) The first team to complete the relay will be award 100pts, 2<sup>nd</sup> 95pts, 3<sup>rd</sup> 90pts etc.

**Prizes:** All members of the team which accumulates the highest number of points from all **three** events will receive a prize. Prizes will be presented on the day.

**Entries:** Random draw for teams. To allow teams to be organised by the Committee, you must put an entry in by 1:30pm

Competitors Names	Grade	
		A or B or C
		D or E
		F or G
		H or I
		J
<b>Team Name</b>		