

NEWCASTLE CROSS COUNTRY INC

Millington Championships

Entries: Closing time for entries is 1:30 pm **NO LATE ENTRIES**

Starting Time: 2:00 pm

Venue: As per the current season program

The Event: Races are conducted over distances of 3, 5.3 and 10.6 km.

Eligibility: Entry is open to all members of Newcastle Cross Country Incorporated who have completed 4 NXC events during the current season prior to this event.

Prizes: Newcastle Cross Country Millington Perpetual Trophy. All athletes who are registered with NXC and completed 4 events in the current season are eligible for the Millington Perpetual Trophy award.

All members of NXC who enter the 10.6 km event will be eligible for the Open awards. Each athlete can only win one award in one category

General Categories – Trophies for first place male and female in the following

10.6 km	Open / U20 / 20-24 / 25-29 / 30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70+ Male and Female
5.3 km	U18 - Male and Female
5.3 km	U16 - Male and Female
3 km	U14 - Male and Female
3 km	U12 - Male and Female
3 km	U10 – Male and Female
3 km	U8 – Male and Female

Name

Date of Birth		Age	
Category Entered		Distance	
Gender	Male	or	Female
Athlete Rego No.			

[Type here]