

GOOD SPORTS OVERVIEW

Good Sports is Australia's largest and longest running health initiative in community sports.

A program of the Alcohol and Drug Foundation, Good Sports aims to build stronger communities by championing positive change and helping to create family-friendly, thriving clubs. Today more than **7,000** clubs are proud to be a part of the Good Sports team.



HOW IT WORKS

Good Sports provides all of the resources and support local clubs need to create healthier and safer club environments; including opportunities to improve responsible alcohol consumption, safe transport, illegal drugs, mental health and nutrition. By focusing on prevention, we help sporting clubs to make positive changes. As a result, Good Sports clubs are strong, family-friendly and better prepared for the future - the ideal setting to play and enjoy local sport.

WHY IT MATTERS

Alcohol is Australia's most widely used recreational drug, with one in five Australians drinking at risky levels. Research shows that community sporting clubs are particularly high risk environments for risky drinking and alcohol-related harm. The Good Sports program was designed to help change the drinking culture in clubs, strengthening the wider community. We work with a variety of clubs; from clubs with a liquor license, clubs where alcohol is only consumed occasionally, to clubs that are completely alcohol and smoke-free.

The results speak for themselves. Studies show that Good Sports clubs see:

37%
REDUCTION
in the odds of risky
drinking at their clubs.



42%
LESS LIKELY
To experience
alcohol-related harms.



PROGRAM OUTLINE

Good Sports guides clubs through a three level process that is primarily focused on improving responsible alcohol consumption. It's as easy as one, two, three!



LEVEL 1 SETTING THE FOUNDATIONS

- ▶ Attain a liquor license for your club, if required
- ▶ Train members in Responsible Service of Alcohol
- ▶ Promote your involvement in Good Sports



LEVEL 2 SUPPORTING THE CHANGE

- ▶ Put in place a safe transport policy
- ▶ Encourage safe celebrations
- ▶ Consider new revenue streams that don't include alcohol promotion



LEVEL 3 MAKING IT OFFICIAL

- ▶ Create and put in place an alcohol management policy

THE BENEFITS

MAKES YOUR CLUB SAFER

Providing responsible service of alcohol for members will help to reduce risky drinking and promote a healthy club environment.



POSITIONS YOUR CLUB AS A LEADER

The Good Sports accreditation is recognition of your club's important role in the community. By role-modelling positive behaviours, your club will be more family-friendly and can have a lasting impact on the community.

MORE FUNDING OPPORTUNITIES

A strong and family-friendly club is attractive to sponsors and funders. Good Sports clubs see an increase in sponsorship dollars and are often looked on more favourably for grant applications.

STAY AHEAD OF THE GAME

We've done the research and we know what success looks like. Joining Good Sports is a commitment to making your club the best it can be.

PLENTY OF SUPPORT

The Good Sports team supports your club to complete the program at your own pace. Every club is different, but most clubs can fulfill the requirements committing just a few hours a year to the program.



For more information and to register your club, head to:
www.goodsports.com.au

LEVEL 1 ACCREDITATION

ENTRY LEVEL

Good Sports works with local sporting clubs to help build a healthier Australia.

Level 1 Accreditation is the starting point. It's the chance for clubs to ensure they have the right foundations in place to make their clubs stronger, safer and more family-friendly places.

Everyone is welcome! Good Sports works with a wide variety of clubs; clubs with a liquor license, clubs where alcohol is only consumed occasionally, to clubs that are completely alcohol and smoke-free.

WHY IT WORKS

Our strategies focus on prevention, meaning we work with your club to prevent future harms.

Together, we ensure you have the right processes and practices in place to protect people and create safer environments.

The outcome is stronger clubs that can attract more members, even more passionate supporters, greater contributions from sponsors and healthy club revenues.



PLENTY OF BENEFITS



STAY AHEAD OF THE GAME

We've done the research and know what success looks like. Joining Good Sports is a commitment to making your club the best it can be.

POSITION YOUR CLUB AS A LEADER

By role-modelling positive behaviours, your club can have a lasting impact on the community

MAKE YOUR CLUB SAFER

Provides responsible service of alcohol for members and reduces risky drinking and promotes a healthy club environment.

MORE FUNDING OPPORTUNITIES

Good Sports clubs see an increase in sponsorship dollars and are often looked on more favourably for grant applications.

GETTING ACCREDITED

Good Sports will guide your club through the program, providing you with all of the resources you need to complete accreditation. Every club is different, but with our support most clubs are able to fulfil the requirements by committing just a few hours a year.

LEVEL 1 CRITERIA

To become Level 1 accredited, your club will need to tick these boxes.

STICKING TO THE RULEBOOK

- Ensure the club has the appropriate liquor license, if required
- Ensure the club adheres to all requirements of their license
- Ensure that people under 18 do not serve alcohol at the club
- Ensure that intoxicated patrons are not permitted to remain on the premises

PROMOTING THE PROGRAM

- Promote the club's involvement in Good Sports

ENSURING ACCOUNTABILITY

- Appoint an independent person who can help your club fulfil the program

IMPROVING THE CLUB ENVIRONMENT

- At least two RSA (Responsible Service of Alcohol) trained members
- At least one RSA trained member present at all times when alcohol is served
- Bar incident register in place
- Names of RSA trained staff displayed on a sign near the bar
- A documented position statement around no smoking
- Appropriate no smoking signage



GET ON BOARD

Joining the team is easy:

- Register your club online at GoodSports.com.au to receive more information and support from the Good Sports team
- Work through the accreditation process at your own pace with a dedicated Good Sports team member
- Continue to receive resources from the Good Sports team as you progress through the program



More questions? Our team is always here to help. Get in touch at:
www.goodsports.com.au/contact-us

LEVEL 2 ACCREDITATION

At Level 2 we step it up a notch, working together to implement practical alcohol management strategies at your club. The result? A more family-friendly environment that attracts more members and actively works to keep its community safe.

MOVING UP

Progressing through the Good Sports program will help your club to be the best it can be. We know that the best results are achieved when clubs are committed to the program and participating in as many aspects of Good Sports as possible.

Whenever you're ready, the Good Sports team will be on board to help your club to progress to Level 2. Alternatively, you can contact Good Sports directly to arrange to progress to Level 2 immediately.

THE WINS AT LEVEL 2



INCREASE MEMBERSHIP

By providing a more family-friendly club environment, your club will be more attractive to members of the local community.

PROVIDE DUTY OF CARE

Encouraging safe celebrations can help to make your club members and guests safer, protecting your club reputation.

MORE FUNDING OPPORTUNITIES

We know Good Sports clubs see an increase in sponsorship dollars and are often looked on more favourably for grant applications

PREVENTION WORKS.

Studies of the program have found there is up to a 42% reduction in risky drinking at Good Sports clubs.





GETTING ACCREDITED

Good Sports will coach your club through the program, providing you with all of the resources you need to complete accreditation. Every club is different, but most clubs can fulfil the requirements by committing just a few hours a year.

LEVEL 2 CRITERIA

To become Level 2 accredited, your club needs to implement the following strategies. You will also need to maintain all of the progress made at Level 1.

IMPROVING THE CLUB ENVIRONMENT

- All bar servers have completed RSA training
- Bar servers do not consume alcohol on 'duty'
- At least one RSA trained committee member is present when alcohol is served
- An incident register is maintained

KEEPING EVERYBODY SAFE

- A minimum of three safe transport strategies
- A Good Sports approved Safe Transport Policy is in place

HEALTHY REVENUE

- A responsible revenue generation is in place which excludes risky drinking practices e.g. happy hours and 'all you can drink' functions
- Alternative prizes to alcohol are put in place

PROVIDING HEALTHIER OPTIONS

- Tap water provided free of charge
- At least one low alcohol and four non-alcoholic drink options are available
- Non-alcohol and low alcohol options are at least 10% cheaper than full strength alcoholic drinks
- Substantial food is provided when the bar is open for more than 90 minutes and more than 15 people are present



More questions? Our team is always here to help. Get in touch at:
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LEVEL 3 ACCREDITATION

Level 3 of Good Sports is all about setting your club up for long term success. Creating an alcohol management policy is an important step which will help your club to set clear expectations for members and guests.

THE FINAL STEP

Progressing through the Good Sports program will help your club to be the best it can be.

At Level 3, your club is truly ahead of the game. Creating an alcohol management policy is the last step before your club is fully Good Sports accredited; it's a great chance for your club to work together to create a game plan that suits the needs of your unique club.

Whenever you're ready, the Good Sports team will be on board to help your club to progress to Level 3. Alternatively, you can contact Good Sports directly to arrange to progress to Level 3 immediately.



PLENTY OF BENEFITS



POSITIONS YOUR CLUB AS A LEADER

Good Sports accreditation is recognition of your club's important role in the community. Be a community leader by role-modelling positive behaviours.

SET CLEAR EXPECTATIONS

Having a policy in place means that there are clear expectations and consequences and everybody is playing from the same game plan.

MAKES YOUR CLUB SAFER

Providing responsible service of alcohol for members and reduces risky drinking and promotes a healthy club environment.

PREPARES YOUR CLUB

Creating a policy is an opportunity for your club to work through a range of scenarios, preparing your club to react appropriately to a range of incidents.

GETTING ACCREDITED

Good Sports will coach your club through the program, providing you with all of the resources you need to complete accreditation. Every club is different, but most clubs can fulfil the requirements by committing just a few hours a year.

LEVEL 3 CRITERIA

To become Level 3 accredited, your club needs to implement the following strategies. You will also need to maintain all of the progress made at Level 1 and Level 2.



CREATING A GAME PLAN

- An alcohol management policy is in place which addresses key strategies, responsibilities and expectations of your club and club members (a sample policy will be provided)

KEEPING THE CLUB SAFE

- All bar servers are RSA trained
- Maintain three safe transport strategies
- No risky drinking practices in the club

ONGOING SUPPORT

Once your club is Level 3 accredited, we will continue to check in to see how your alcohol management policy and other strategies are working. Our Level 3 monitoring program is completed online at the start of your playing season.



More questions? Our team is always here to help. Get in touch at:
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